

our mission

Through individual care, Meadow Mills promotes independence, in seniors, through mindful services supported by dementia-specific research and training.



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meadowmillsal.com



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Meadow Mills

Assisted Living &
Memory Care
Community

Meadow Mills
Assisted Living & Memory Care



Care Services

MEMORY CARE

Meadow Mills is the perfect place for those who need help with activities of daily life and may also have memory impairments, such as Alzheimer's & Dementia, or may require additional care and attention. Our community is built specifically for those with dementia and our pricing is all-inclusive.



OUR APPROACH

To ensure the right amount of care for each resident, we assess the resident's physical and cognitive health upon admission and quarterly thereafter. In addition, our nursing staff is trained to actively listen and observe, so we may adapt to each resident's changing needs. As care plans change, the family is contacted for a review and conversation.

In addition, our well-trained nursing staff delivers services 24/7.



We empower residents to reach and maintain their potential as much as possible.



AMENITIES

- *Along the Journey*, Dementia-specific training and programming
- Small groups of residents residing in "cottages" of private apartments
- Life Enrichment Activities
- 3 Meals a day, plus snacks
- Housekeeping and Laundry



LIFE IS THE JOURNEY WHERE WE CONNECT TO ONE ANOTHER



ALONG THE JOURNEY PROGRAM

Our Along the Journey program was created not only for our seniors with cognitive impairments, but also as a way to develop relationships between families and caregivers. A successful transition involves supporting the resident in their new environment and being a resource for the family.



Call Us: (203) 281-5700



GOALS OF PERSON-CENTERED CARE

- Provide care based on resident's abilities and needs, with respect to the individual's culture and preferences.
- Help staff and family act as care partners with residents
- Achieve optimal resident functioning that meets the highest quality of life possible
- Be a resource and provide support to families, staff and other residents



USING A HOLISTIC APPROACH

From staying well-hydrated to socially interactive, we build a structured daily plan unique to each resident's overall wellness.

SAFETY

Safety is #1 for all residents and staff. When our residents are safe, we are able to provide the necessary care and lifestyle choices to support their independence and dignity.

QUALITY CARE

Quality care starts with well-trained employees. Dementia-specific training is done throughout the year and consistent staffing helps residents feel comfortable and confident during their care.

ACTIVITIES & SOCIAL ENGAGEMENT

Activities are used to help reduce agitation and improve mood. Activities are available at any time and encourage social interaction. Outcomes are focused on enjoyment and not achievement. Families are invited to join in with residents.