



The Gables of Brighton
Senior Living

The New Frontier of *Senior Living*

The Gables
of Brighton
Senior Living



2001 Clinton Avenue South, Rochester, NY 14618

At The Gables at Brighton, trade the work and expense of home maintenance for a well-appointed residence that serves you. Let us take care of the chores, while you relax and enjoy a well-deserved retirement. Our independent living lifestyle offers refined amenities, attentive service and engaging opportunities so you can live life as you choose.

As a resident you will enjoy the convenience of our restaurant-style dining, housekeeping, linen and transportation services in a desirable location near popular attractions with medical centers, shopping and restaurants close to our campus.

With a number of planned activities and award-winning programs, our residents have many appealing and entertaining options. We offer life enriching opportunities to engage our resident's interests, passion and purpose.

Conveniences and Amenities

All residents are welcome to enjoy our safe, supportive and fun environment:

- Variety of Floor Plans To Meet Your Needs
- 24 Hour Security System
- Concierge Services
- Library
- Beauty/Barber Shop
- Fitness Center
- Gardening/Greenhouse
- Walking Paths
- Game Room
- Technology Center
- Fireside Living Room
- Parking - Surface
- Housekeeping, Maintenance and Linen Services
- Porch
- Flat Screen TV
- Community Room
- Guest Suite
- Meeting Rooms
- Full Kitchens
- Washer/Dryer Hookups

*Exceptional
Senior Living*

Empowering
our residents
to THRIVE

The Gables of Brighton pioneers the way for our valued seniors in their search for purpose, validation and fulfillment. We serve the needs of our residents and their families by providing unsurpassed attention on their quality of life, fostering spirituality, and exploring together meaningful life experiences.

We provide ongoing opportunities to stimulate personal growth and engage each resident in mind, body and spirit.

Renewal of the individual growth process. We assist each resident in identifying new goals or renewing old interests so they continue to grow mentally, spiritually, personally and socially.

Deepening of the spiritual experience. We emphasize the spiritual dimension of aging and help provide continuity of experience from childhood to the present.

Lifelong learning in furthering intellectual pursuits. We partner with local experts and universities to offer lectures on a wide variety of topics for all.

In addition, we involve our residents in other life-affirming activities, including:

Legacy Stories – Together, we will assist with the writing of the personal biographies for each of our residents interested in participation.

Time Capsules – We work with residents to create a collection of keepsakes to calm, stimulate and lift their spirits.

Celebrate a Life – Once a month, we celebrate a featured resident with a party, photo retrospective, favorite songs, family testimonials and decorations.

Spiritual Programs – Our spiritual director leads services of celebration and faith to uplift the community on a daily basis.

Language Studies – As a community, we will pick a foreign language that will be fun and keep our minds sharp!

Around The World – Monthly, we explore different cultures of the world through dining, dress and music, and virtual reality glasses. Let's be world travelers using our imaginations and the best new technologies.

To learn more about how The Gables of Brighton can enrich your loved one's life, call (585) 461-1880.



Exceptional Senior Living

Services

Our community is managed by Priority Life Care, which offers a wide range of services to make life at The Gables worry free.

Services and amenities include:

- A strong community partnership that brings fun activities to enrich the lives of our residents
- Restaurant-style dining featuring daily specials served with flair
- Housekeeping and Linens
- Scheduled transportation services for errands, medical appointments, and weekly outings
- A full service on-site beauty salon
- A caring and dedicated staff that develops long lasting relationships
- Access to local medical professionals to provide additional services if needed
- 24-Hour Security On-Site
- Special Events

To schedule a tour of The Gables of Brighton – including lunch on us – call (585) 461-1880. Call us with any questions or to discuss how we can help you or your loved one live to the fullest.



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GablesBrighton.com

