



ENHANCED PERSONAL CARE



CELEBRATION  
VILLA

OF NITTANY VALLEY

WE'RE HAPPY YOU'RE HERE.



150 Farmstead Ln., State College, PA  
celebrationvillasl.com | 814-235-7675



# WE'RE HAPPY YOU'RE HERE.



## WELCOME HOME

Celebration Villa of Nittany Valley is an Enhanced Personal Care and Memory Care community with a comfortable and convenient lifestyle. Our focus is to support our residents' independence and overall wellness. We treat each resident as a respected member of our family. We understand the importance of our residents having a feeling of connection, community, comfort and caring.

You will find that our Enhanced Personal Care amenities are everything you need under one roof. You can enjoy the comfort of the community attending one of our life enrichment classes, or visiting with friends. In addition, maintenance and housekeeping is included so you can enjoy your retirement years without worry.

Our memory care specific programming, called Along the Journey, focuses on supporting those who need Alzheimer's and dementia care. It also helps with developing a custom transition and care plan to create a calm and seamless transition for all.

# CARE WITH COMPASSION.



## SERVICES OFFERED

### ENHANCED PERSONAL CARE

Residents at Celebration Villa receive the right care services that will serve their overall wellness. Together, we develop a care plan that is customized that will best serve their unique needs. Care-related services include, but are not limited to:

- Care staff onsite 24/7
- Personal care assistance with activities of daily living that may include help with bathing, dressing, and/or grooming
- Medication assistance and administration
- Mobility assistance
- Continence maintenance

At Celebration Villa, you may choose to remain with your current doctor or see any of our physicians that include:

- On-site or telehealth doctors
- Onsite rehabilitation therapy including physical, speech and occupational therapies
- Visiting podiatrist, home health, hospice, and more

# CARE WITH COMPASSION.

## MEMORY CARE

Our memory care neighborhood offers a safe and comfortable environment for those with Alzheimer's and dementia needs. The Along the Journey program was created specifically for our residents with Alzheimer's and dementia. It's a way for loved ones, family and caregivers to develop trusting relationships. The journey begins with a successful transition that supports your loved one in their new environment.

Residents who reside in our secure memory care neighborhood also receive a custom plan of care. We create a person-centered plan based on information from the resident, family, physicians, and caregivers. The plan helps with daily structure and includes both care services and life enrichment activities. At Celebration Villa, you can depend on our consistent and compassionate staff throughout the day and night.

## SHORT-TERM RESPITE CARE

Residents in short-term respite care receive all of the amenities and care in our enhanced personal care, but for a shorter, predetermined length of stay. Respite care is for loved ones who may need a little help after a hospital or rehab stay, or when caregivers plan a family vacation or just need some time to relax and recharge.

To learn more about our enhanced personal care program and understand if it is right for you or your loved one, call us at 814-235-7675.



# DINNER IS BETTER WHEN WE EAT TOGETHER.

## HOME-STYLE MEALS SERVED DAILY

Serving fresh, nutritious, and delicious food is what we do. When possible, we strive to get our hands on seasonal produce from local producers. Our staff members are pleasant and meet with each resident to understand their comfort foods and so we may accommodate individual tastes, preferences, and food allergies. Here's an example of a day's meals served to our residents:



BREAKFAST



LUNCH



DINNER

- Hot Cereal
- Scrambled Eggs.  
Bacon & Hash Browns
- Danish

- Garden Pea Salad or  
Cream Of Mushroom  
Soup
- Parmesan Crusted Fish  
Fillet or Vegetarian  
Taco Casserole
- Garden Blend Rice,  
Asparagus, Glazed  
Carrots & Dinner Roll
- Homemade Fruit Crisp

- Caesar Salad or  
Minestrone Soup
- Sausage & Eggplant  
Penne or Beef Patty  
Melt
- Seasoned Potato  
Wedges, Broccoli  
Florets, Baby Carrots &  
Garlic Bread
- Ice Cream Sundae

# INCLUSIVE CULTURE THROUGH RESIDENT DRIVEN PHILOSOPHY.

## LIFE AT CELEBRATION VILLA

At Celebration Villa, we believe life should be celebrated at every stage. Residents can choose to fill their social cards with events and group activities, or further their personal growth through creative, spiritual, and educational opportunities. We prioritize a mix of offerings that nurture our residents' mind, body, & soul. Every opportunity is intentionally offered to our seniors to encourage and prioritize long-term health.

### **MIND**

Intellectual exercise is the first of this trio and helps our seniors to improve attention, enhance memory, and increase independence. We do this through activities such as:

- Book clubs
- Trivia night
- Music therapy

### **BODY**

Physical activity is crucial to maintaining seniors' balance and mobility. A few examples of these activities include:

- Chair yoga
- Walking clubs
- Chair or standing aerobics

### **SOUL**

Enriching the soul can be done in a wide variety of ways, and are based on how residents would like to see their personal growth or give back to the local community. Some ways we love to incorporate self care are:

- Spiritual or religious services
- Pet therapy
- Volunteering at a local senior centers



# CELEBRATION VILLA

OF NITTANY VALLEY

## MISSION STATEMENT

At Celebration Villa, our goal is to provide a safe place for seniors where we provide tailored care and give them choices that support their independence and overall wellness.



SUPPORTING SENIORS'  
INDEPENDENCE AND  
OVERALL WELLNESS

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