

LIFE ENRICHMENT CALENDAR*

Weekly Sample

NOTES

Everyday 1:00 Walking Club (weather permitting)
Every Tuesday 1:00 Walmart
Every Wednesday 11:30 - Lunch Outing
Every Thursday 1:00 Mall Walks
 Sign up sheets in Life Enrichment room for additional outings!

SUNDAY

- 9:00** *Walking Club-RR (LO)
- 9:30** *Chair Exercise-RR (ER)
- 10:30** *Bible Study With Friends - RR (CH)
- 11:00** *Trivia With Friends - RR (BI)
- 1:00** Church Service With Pastor Tracey Rose (CH)
- 3:00** *Listen To Oldies Music With Alexa - RR (LO)
- 6:00** *Corn Hole Toss With Friends - RR (LO)

THURSDAY

- 10:00** *Walking Club-RR (LO)
- 10:30** Meals On Wheels - Volunteering (LO)
- 11:00** Chair Exercise-RR (ER)
- 1:00** Chair Yoga With Mindy (ER)
- 2:00** Mass With Father Bob (CH)
- 3:00** Guess 5- Trivia (BI)
- 6:00** \$ Out To Eat @ Sports Time (LO)
- 6:00** *Poker Club- RR (BI)
- 6:00** 52 Card Bingo (DR)
- 6:00** Improve Time (BI)
- 6:00** *Social Club - RR (LO)

MONDAY

- 12:00** National Tattoo Day
- 9:00** *Walking Club-RR (LO)
- 9:30** *Chair Exercise-RR (ER)
- 11:00** Guess Those Words- Trivia (BI)
- 1:00** Laundry Bag Exercise Game (BI)
- 2:00** Tattoos & Rootbeers With Veterans Club (BI)
- 2:00** Manicures With Brenna (LO)
- 3:00** Ladder Golf & Lemonade With Friends (OA)
- 6:30** Euchre With Friends (BI)

FRIDAY

- 12:00** *Walking Club-RR (LO)
- 9:00** Outing @ Dollar Tree (LO)
- 9:30** *Chair Exercise-RR (ER)
- 11:00** Table Talk- Trivia (BI)
- 1:00** Laundry Bag Exercise Game (BI)
- 2:00** Take Me Out To The Ballpark Happy Hour
- 2:00** Watch Field of Dreams (BI)
- 3:00** \$ Outing @ VFW - Fish Fry (LO)

TUESDAY

- 9:00** *Walking Club-RR (LO)
- 9:30** *Chair Exercise-RR (ER)
- 10:00** Potawatomi Zoo Education Class (LO)
- 11:00** Hang Man- Trivia (BI)
- 1:00** *Needles & Hooks- RR (BI)
- 1:00** *Poker Club- RR (LO)
- 2:00** Bingo With Friends
- 3:00** Indoor Inner Tubing (LO)
- 6:30** Social Club - RR (LO)

SATURDAY

- 12:00** *Walking Club-RR (LO)
- 9:00** *Chair Exercise-RR (ER)
- 9:30** *Trivia With Friends - RR (BI)
- 11:00** Car Show & Rootbeer Floats
- 1:00** *Watch I Love Lucy - RR (BI)
- 2:00** Euchere With Friendsd - RR (LO)

WEDNESDAY

- 9:00** Shopping @ Martin's Supermarket (LO)
- 9:00** *Walking Club-RR (LO)*Chair
- 9:30** Chair Exercise-RR (ER)
- 11:00** Guess Those Words- Trivia (BI)
- 1:00** *Needles & Hooks- RR (BI)
- 3:30** Clean Up Our City Picking Up Trash Volunteering (LO)
- 6:30** Balloon Swat Exercise (BI)
- 6:00** *Movie & Popcorn Watching An Affair To Remember- RR (BI)