

## DINING MENU

Weekly Sample

Alternative Menu Also Available

### MONDAY

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- Breakfast: Cheese Omelet, Whole Wheat Toast, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Herb Roasted Beef, Maple Sweet Potatoes, Garlic Roasted Fresh Cauliflower, Roll, Cherry Orchard Bar
- Dinner: Cheese Ravioli with Tomato Sauce, Confetti Corn, Breakstick, Pumpkin Pie

### TUESDAY

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- Breakfast: Waffles, Bacon, Season Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Beef Taco Salad, Tortilla Chips & Salsa, Pico de Gallo, Roll, Churros
- Dinner: Turkey Pot Pie, Rosemary Mashed Potatoes, Roll, Pound Cake

### WEDNESDAY

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- Breakfast: Choice of Egg, Whole Wheat Toast, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Oven Roasted Chicken, Roasted Red Potatoes, French Cut Green Beans, Roll, Caramel Cheesecake
- Dinner: Lemon Fish Almondine, Lemon Rice, Roasted Tomatoes, Roll, Berrie Brownie

### THURSDAY

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- Breakfast: Country Style Scramble Eggs, Whole Wheat Toast, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Paprika Baked Turkey Breast, Sage Cornbread Stuffing, Creamed Brussel Sprouts, Roll, Warm Lemon Cake
- Dinner: Chicken & Dumplings, Roasted Fresh Beets, Roll, Peanut Butter Oatmeal Cookies

### FRIDAY

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- Breakfast: Cinnamon French Toast, Ham Slice, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Rock Shrimp Alfredo, Linguine Noodles, Broccoli Florets, Roll, Glazed Chocolate Sheet Cake
- Dinner: Chili Con Carne, Chef Salad, Cornbread, Peach Pie

### SATURDAY

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- Breakfast: Sausage Patty, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Crunchy Ranch Chicken, Macaroni & Cheese, Roll, Chocolate Mousse Pudding
- Dinner: Tomato Swiss Steak, Buttermilk Mashed Potatoes, Mixed Veggies, Roll, Glazed White Sheet Cake

### SUNDAY

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- Breakfast: Banana Whole Wheat Pancakes, Seasonal Fruit, Whole Grain Hot or Cold Cereal, Coffee & Juice
- Lunch: Honey Roasted Pork Medallions, Wild Rice Blend, Corn, Roll, Red Velvet Cake
- Dinner: Ham and Swiss Sandwich, Grilled Turkey and Swiss Sandwich, Macaroni Salad, Potato Chips, Roll, Cookies